

SELF-HELP GROUPS IN SAN DIEGO COUNTY

Alcoholics Anonymous (AA)

Central: (619) 265-8762
North County: (760) 758-2514
El Centro: (760) 352-0807
www.aasandiego.org

*Alcólicos Anónimos (AA) (Español)

Central: (619) 280-7224
South Bay: (619) 476-0288
North County: (760) 758-6905
Tijuana: (011) 5266-855-880

Narcotics Anonymous (NA)

San Diego County: (619) 584-1007
www.sdcrsona.org

*Narcóticos Anónimos (NA) (Español)

Condado de San Diego: (619) 491-1984

Christ Centered Support Groups

San Diego County: (760) 743-4966

Cocaine Anonymous (CA)

San Diego County: (866) 242-2248

Marijuana Anonymous (MA)

San Diego County: (619) 685-2802
www.marijuana-anonymous.org

Secular Organizations for Sobriety (S.O.S)

San Diego County: (760) 729-7SOS (7767)
www.secularsobriety.org

Self-Management And Recovery Training (SMART)

San Diego County: (858) 455-1159
www.smartrecovery.org

The Most Excellent Way

San Diego County: (619) 692-3645
National Headquarters: (800) 548-8854
www.mostexcellentway.org

Women For Sobriety (Women Only)

San Diego County: (858) 549-3364
www.womenforsobriety.org

* Reuniones en Español.